

A Beautiful Adventure: the Gift of the Arts in Spiritual Formation

with Carolyn Arends

Reflection Guide: Session 4

1. Incarnation means God has been made tangible in the person of Jesus. This changes everything. In what ways has reflecting on the incarnation enlarged your experience of God?

2. How do you experience an embodied faith?

5. Art takes the invisible/immaterial/abstract and makes them visible/material/concrete. Think of the parable of the prodigal son. What are some abstract ideas that become enfolded for you in this story?

6. When you think about individual or communal times of worship, what do you experience more often: insight (intellectual understanding) or encounter (Spirit to spirit communion)? What are you most comfortable with? What do you most long for? Reflect on the times you have experienced the more infrequent of the two. What invited you into that kind of experience?
