BOOK LIST

CAREGIVING & COMPASSION

ADAM: GOD’S BELOVED

Adam, written in the final year before Nouwen’s death in 1996, is a book about Henri’s friend Adam, a severely handicapped young man from the L’Arche Daybreak Community. Through the story of Adam, Nouwen found a new way to tell God’s story of Jesus and the story of all of us human creatures, broken and yet beloved, who live in a world charged with the mystery of God’s overwhelming love. Completed only weeks before his own death, Adam: God’s Beloved became Nouwen’s final, precious gift, a fitting summation of his own message and legacy.

www.orbisbooks.com

AGING: THE FULFILLMENT OF LIFE

In Aging, Henri J.M. Nouwen and Walter J. Gaffney share some moving and inspirational thoughts on what aging means and remind us of our responsibility to incorporate the aged into the fabric of our own lives—helping them become teachers again so they may help us repair the fragmented connections between generations. Aging shows us all how to start fulfilling our lives by giving to others, “so that when we leave this world, we can be what we have given.”

www.penguinrandomhouse.com

BREAD FOR THE JOURNEY

When Henri Nouwen set out to record this daybook of totally new reflections, he suddenly found himself on “a true spiritual adventure.” Intimately personal and inspiring, Bread for the Journey is a daily feast of fresh insight into the challenges and deep joys of a life lived in close communion with God. From the delicate interplay of human experience to the surrender to Christ and the embrace of Christian community, that journey of Christian spirituality is explored and celebrated here in each eloquent, thought-provoking passage.

www.harperone.com

COMPASSION: A REFLECTION ON THE CHRISTIAN LIFE

In this provocative essay on that least understood virtue, compassion, Henri Nouwen, Donald McNeill, and Douglas Morrison have written a moving document on what it means to be a Christian in a difficult time. Looking at compassion with a vigorous new perspective, they place compassion at the heart of a Christian life in a world governed far too long by principles of power and destructive control. Compassion is a book that says no to a compassion of guilt and failure and yes to a compassionate love that pervades our spirit and moves us to action.

www.penguinrandomhouse.com

HERE & NOW: LIVING IN THE SPIRIT

One thought flows into another to create a mosaic of shimmering impressions in this contemplative offering from Nouwen. In Here & Now, Henri discusses living in the present, joy, prayer, the spiritual life, relationships, family, and other topics with his signature clarity and insight. These inspirational reflections by Henri Nouwen succeed in convincing us that God’s presence is reliable.

www.crossroadpublishing.com
LIFESIGNS
In his now classic work *Lifesigns*, Nouwen explores what he saw as three of the most vital aspects of his ministry—intimacy, fecundity and ecstasy. Inspired by L’Arche, the worldwide network of communities where handicapped people and their assistants try to live together in the spirit of the Scriptures, Nouwen shows how these three elements offer the essential key to a life free from the domination of fear and filled instead with hope and love. [www.penguinrandomhouse.com](http://www.penguinrandomhouse.com)

OUR GREATEST GIFT
Henri Nouwen takes a moving, personal look at human mortality in *Our Greatest Gift*. A meditation on dying and caring, *Our Greatest Gift* gently and eloquently reveals the gifts that the living and dying can give to one another. In this book, Nouwen shares his own experiences with aging, loss, grief, and fear in this important and life-altering work. [www.harperone.com](http://www.harperone.com)

A SORROW SHARED
In *A Sorrow Shared*, a combined edition of Nouwen classics *In Memoriam* and *A Letter of Consolation*, Henri Nouwen explores the depths of his grief and writes tenderly and wisely to his bereaved father, yearning for the light of Christ in the darkness of loss and sorrow. *In Memoriam*, Nouwen’s intimate, deeply touching account of his mother’s death, offers a gentle invitation to all those in grief to open themselves to a deeper sense of faith and trust in God. *A Letter of Consolation*—in which Nouwen writes to his father six months after his mother’s death—ponders the journey of bereavement itself. The two books put together form a satisfyingly cohesive whole and depict a wise and honest wayfarer who guides and comforts his readers as they reflect on and struggle through similar experiences. [www.avemariapress.com](http://www.avemariapress.com)

A SPIRITUALITY OF CAREGIVING
*A Spirituality of Caregiving* is an exquisite, poignant gathering of Henri Nouwen’s reflections on the anguish and joys of providing care for one another. Emerging from the “trial by fire” of his own experience with those needing his intimate help, Nouwen delves deeply and honestly into the ambiguities of the caregiving experience—the gifts as well as the enormous physical, emotional, and spiritual challenges. Both practical and inspiring, these reflections invite professional and private caregivers and care receivers to consider and explore a new view of caring—one full of hope and promise, and, most of all, blessing! [www.bookstore.upperroom.org](http://www.bookstore.upperroom.org)

THE WOUNDED HEALER
*The Wounded Healer* is a hope-filled and profoundly simple book that speaks directly to those who want to be of service in their church or community. Weaving keen cultural analysis with his psychological and religious insights, Nouwen has come up with a balanced and creative theology of service that begins with the realization of fundamental woundedness in human nature. Emphasizing that woundedness can serve as a source of strength and healing when counseling others, *The Wounded Healer* is a thoughtful and insightful guide for those engaged in the service of others. [www.penguinrandomhouse.com](http://www.penguinrandomhouse.com)